

IndieFlix presents



Join us for a free screening of ANGST, a film about anxiety, truth & hope. Really.

Hosted by the Yorktown High School PTA and
The APCYF Youth Mental Health & Wellness Committee

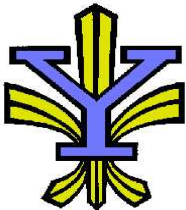
Community screening followed by
Q&A discussion with local mental health experts

April 29, 2019

7:00pm – 9:00 pm – Doors open at 6:30
Resource Tables and Information Available from 6:30 – 9:00

Yorktown High School Auditorium
5200 Yorktown Blvd., Arlington, Virginia 22207

RSVP at WWW.APCYF.ORG



Through candid interviews, Angst tells the stories of teens who discuss their anxiety and its impacts on their lives and relationships, as well as how they've found solutions and hope. The film also includes discussions with mental health experts about the causes of anxiety, solutions, and resources. For more information, visit www.angstmovie.com.

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