



CARE I Colloquium

Pregnancy, birth and early childhood –
how do we create the basis for the
healthy development of the human being?

Thursday to Saturday
20 to 22 June 2019

Medical Section

Goetheanum

Dornach, February 2019

Dear Colleagues

The early part of life exerts a defining influence on our health for the rest of our lives. Parents are reliant on support during this early phase in the life of their children; at the same time they are often still uncertain and very open towards suggestions from others.

The CARE I working group of the Medical Section at the Goetheanum has attempted to make a start on working out a position on an interdisciplinary basis across specialisms in the fields of pregnancy support, obstetrics, nursing and neonatology, early intervention, artistic therapies as well as in the educational and medical support of parents and their children.

The task of CARE I is seen as seeking to obtain concrete insights from the perspective of spiritual science to support everyone working in this field. These can then be used to build comprehensible, experience-based concepts for the respective issues and disorders which can be applied in practice. The presentation of these concepts for professionals will be supplemented with formats for communication with expectant mothers and with parents.

This colloquium is intended to present and debate the content which has been developed so far.

This invitation is extended to all foundation years specialists: gynaecologists as well as midwives, neonatologists, paediatricians and general practitioners, nurses and teachers, psychotherapists and therapists, social workers as well as active representatives of parent associations.

We look forward to the exchange of views.

Claudia Grah-Wittich, Christoph Meinecke and Georg Soldner

For the preparatory group

Workshops

- Workshop 1** In dialogue with the parents of children in need of special care
C. Stolzenburg
- Workshop 2** Metamorphosis of the birth processes in childhood and youth
F. Osswald
- Workshop 3** How can we support the development of autonomy in early childhood?
C. Grah-Wittich
- Workshop 4** How can we support particular paths of development in inclusive daycare?
I. v. Mackensen
- Workshop 5** The five basic senses and the development of attachment
E. Schoorel
- Workshop 6** Sleep and sleep disorders in early childhood
G. Soldner, Cr. Meinecke
- Workshop 7** Caesarean section and vaginal delivery
J. Büchler, A. Kuck, A. Maaser
- Workshop 8** Collaboration with parents in early childhood
L. Tormes, C. Aerts, S. Schmidt-Troschke
- Workshop 9** From the dictionary of gestures – the gesture of breastfeeding
I. Heine, R. Heine
- Workshop 10** Media fasting
P. Bleckmann, D. Martin, S. Schwarz
- Workshop 11** Arriving in security –
a paediatric prevention lecture on the third day of life
Ch. Meinecke
- Workshop 12** Rhythmical Einreibung for infants and toddlers
A. Beisswenger

Thursday, 20 June

- 15.00 *Welcome and introduction to the conference topic*
- 15.15–16.30 *Lecture*
Basic attitudes with regard to healthy development in pregnancy, birth and early childhood
B. Gollmer, C. Grah-Wittich, N. Hurst, A. Maaser, Ch. Meinecke
-
- 16.30–17.00 *Coffee break*
-
- 17.00–18.00 *Work in groups*
How do we support parents and families in dealing with their needs and concerns during pregnancy, birth and early childhood
- 18.00–18.30 *Plenary discussion*
Results from the groups on the topic
-
- 18.30–19.30 *Evening meal*
-
- 19.30–21.00 *Panel discussion*
Becoming parents – what do families need during pregnancy?
B. Gollmer, M. Groh-Schulz, A. Kuck, A. Maaser, Ch. Meinecke, Cr. Meinecke, M. Rijärvi, S. Schmidt-Troschke
Moderator: G. Soldner

Friday, 21 June

- 08.30–09.10 *Eurythmy in pregnancy*
Presentation and joint exercises
M. Groh-Schulz
- 09.15–10.30 *Lecture*
What care and support is required to help the maturing process
of the premature child?
M. Bissegger, N. Hurst, J. Vagedes
-
- 10.30–11.15 *Coffee break*
-
- 11.15–12.15 *Work in profession-related small groups*
What impulses do we take away for our professional group?
- 12.15–13.00 *Plenary discussion*
Results from the groups on the topic
Moderator: C. Grah-Wittich
-
- 13.00–15.00 *Lunch*
-
- 15.00–16.30 *Lecture*
Care and education in early childhood – an account from three areas of
life
I. and R. Heine, C. Grah-Wittich, Cr. Meinecke
-
- 16.30–17.00 *Coffee break*
-
- 17.00–18.30 *Interprofessional workshops 1 to 12*
-
- 18.30–19.30 *Evening meal*
-
- 19.30–21.00 *The birth process*
Introduction – the fourfold birth *G. Soldner*
Birth from the perspective of the midwife *M. Rijärvi*
Birth from the perspective of the obstetrician *A. Kuck*
Birth from the perspective of the paediatrician *Ch. Meinecke*
Birth from the perspective of the teacher *C. Grah-Wittich*

Saturday, 22 June

08.30–09.10 *Eurythmy in pregnancy*
Presentation and joint exercises
M. Groh-Schulz

09.15–10.45 *Lectures*
What is important for parents today?
Presentation of a survey
J. Vagedes

Parenting today in the international comparison
S. Schmid-Troschke, L. Tormes

Update on media in early childhood
D. Martin, S. Schwarz, P. Bleckmann

10.45–11.15 *Coffee break*

11.15–12.00 *Lecture*
Warm up to fever
D. Martin

12.00–13.00 *Evaluation and conclusion*
What do we have, what is still missing, what are our next steps?
Moderator: G. Soldner

● Subject to change ●

Publishing information



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Booking Form

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CARE I Colloquium

Pregnancy, birth and early childhood

Conference of the Medical Section

at the Goetheanum from Thursday, 20 to Saturday, 22 June 2019

Application requested prior to: Thursday, 6 June 2019

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

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I need translation into English German

Conference ticket without meals

CHF 250 (regular price) CHF 125 (concessions¹) CHF 375 (with sponsorship²)

Meals (1 lunch, 2 evening meal) CHF75

Food intolerance --- Gluten Lactose

Workshops 1st choice, n° _____ 2nd choice³, n° _____ 3rd choice³, n° _____

Parking at the Goetheanum Parking permit: CHF 14

Insurance Cancellation insurance (5% of the total costs, CHF 10 minimum)
See cancellation conditions in the General Information

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¹Concessions apply for students, schoolchildren, OAPs, the unemployed, those in training, military or civil service and people with disabilities who receive benefits. **Proof of status has to be submitted with your booking form.**

²Should you be in a position to pay an additional amount, this would help to cover the costs of the conference and support the work of the section.

³ When registering, your first choice is no longer open, is cancelled or will be cancelled, your second and third choice will be taken into account. If your first, second or third choice is full, we will try to contact you. Please look for updated information at the start of the conference.

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